

THE GATHERING PLACE'S GOOD FOOD LIST

WE LOVE DONATIONS OF:

DAIRY

Milk
Cheese
Yogurt

PROTEIN

Eggs
Peanut Butter
Fresh Meat
Canned Tuna

FRUITS & VEGETABLES

Fresh Fruit
Fresh Vegetables
Frozen Fruit
Frozen Vegetables
Canned Fruit
Canned Vegetables
Applesauce
Raisins

STAPLES

Whole Wheat Bread
Flour
Sugar
Oatmeal
Pancake Mix
Rice
Lentils
Barley
Dried Beans
Canned Beans
Pasta
Pasta sauce
Canned Tomatoes
Condiments
Honey
Jam
Salad Dressings
Cooking Oil
Spices

BEVERAGES

Coffee
Tea

HEALTHY EXTRAS

Toothpaste
Toothbrushes
Deodorant
Soap
Travel size shampoo
Feminine hygiene products

GROCERY GIFT CARDS

Purchase a Grocery Gift Card
at:

- No Frills,
- Food Basics, or
- Freshco,

So we can purchase what we
need most.